

La Cantera

Choreographie: Montse Moscardó, Algaly Fofana, David Villellas, Pol F. Ryan (30.05.2026)

Beschreibung:	112 Count, 1 Wall, High Intermediate Line Dance, Motion: 2-Step, Catalan Style
Musik:	I Know I Know von Stella Lefty, BPM: 83
Hinweis:	Der Tanz beginnt nach 32 Counts mit dem Intro/Tag
Abfolge/Sequenz:	Tag A B Tag A B Tag B B B Tag Ending

Intro/Tag (32 Counts)

Section 1 1-8 Weave nach rechts - Siderock R - Cross - Hold

Section 2 9-16 Rumba nach links vorne - am Schluss mit ½ Drehung links (6h) und Stomp L

Section 3 17-24 (wie 1 - 8) Weave nach rechts - Siderock R - Cross - Hold

Section 4 25-32 (wie 9 - 16) Rumba nach links vorne - am Schluss mit ½ Drehung links (12h) und Stomp L

Part/Teil A (48 Counts)

Section 1 1-8 Scuff R - Brush R retour - Stomp Up R - Stomp R - Stomp L - Hold - Heel Fan Out R - Recover

Section 2 9-14 Heel Fan Out L - Recover - Weave R

Section 2-3 15-18 ¼ Turn R (3h) with Rockin'Chair R

Section 3 19-24 Slow Mambo Step R with ¾ Turn Back R (12h) - Hold - Stomp Up L - Stomp Up L

Section 4 25-32 Side L - Slide R - Rock Diagonal Back R - Recover - Weave R

Section 5 33-40 Point R - Cross Step Forward R - Point L - Cross Step Forward L - Rockin'Chair R

Section 6 41-48 Military Turn L (Step R - Turn L - Step R - Turn L) - Stomp Up R - Hitch R and Slap R Hand on R Knee - Jumpin'Rock Back R - Recover

Part/Teil B (32 Counts)

Section 1 1-4 Kick R - Hook Back L - Kick L - Hook Back R
 5-6 Jump Out Forward R+L - Jump Together with ¼ Turn R (3h) -
 7-8 Jump Out Forward R+L - Jump on L with Hook Back R and ¼ Turn R (6h)

Section 2 9-12 Kick R - Hook Back L - Kick L - Hook Back R
 13-14 Jump Out Forward R+L - Jump Together with ¼ Turn R (9h) -
 15-16 Jump Out Forward R+L - Jump on L with Hook Back R and ¼ Turn R (12h)

Section 3 17-20 (facing diag forward r, jumping) Kick R - Kick L - Touch Behind R - Hold
 21-24 (facing diag forward l, jumping) Kick L - Kick R - Touch Behind L - Hold

Section 4 25-27 (Jumping) Rock Back L - Recover - Rock Back L -
 28-32 (Jumping) Rock Back R - Recover - Step R Forward - Step L Forward - Hold

Ending (16 Counts)

Section 1 1-8 (wie Intro/Tag, 1-8) Weave nach rechts - Siderock R - Cross - Hold

Section 2 9-16 (9-15 wie Intro/Tag) Rumba nach links vorne - am Schluss mit Slide Back L und Touch L Before R

Wiederholung bis zum Ende